

# The Desires of your Heart

Every human has desires in their heart. They aspire to be, they hope to become, they strive to do, something that is in their heart. An intense desire burns within every human heart to have an answered prayer from their creator or to have a special purpose or be used by **אֱלֹהִים** (Yahuah). Some desire that their spouse be saved or that they return to the love that they once felt, while others pray for their children to return to **אֱלֹהִים** (Yahuah) or be re-Born in the Ruach from above.

Every one of us has a deep, heartfelt desire. What is yours? Is it something that is missing in your life? Is it an addiction to overcome? What sin can you not overcome? Are you going through financial difficulties or struggling with health? There are many today who have already received the desires of their heart. How did they do it? Or better yet, how were they able to have their prayers answered by **אֱלֹהִים** (Yahuah) and receive the desires that they have longed for? I have found this desire in myself. Have you? If so, what is your desire? A better question is "How does a person receive the desires of their heart?" **אֱלֹהִים** (Yahuah) clearly says that there is a way to receive the desires of our heart and it is found in Scripture and perhaps it is stated no more clearly than in **Psalm 37**.

This Psalm declares the omnipotence of **אֱלֹהִים** (Yahuah). Just read these very specific and power words used in reference to attaining the desires of our hearts that involve the mighty hand of **אֱלֹהִים** (Yahuah) and all of which are found in Psalm 37:

In **אֱלֹהִים** (Yahuah) we are to trust, to wait, to rest, to delight, to commit, to know, and to have patience. If we delight in Him, here is what we may receive; our delights, His Shalom (peace), His safety, His stability, His provisions, His guidance, His protection, His deliverance, and He will give you the desires of your heart. The key to receiving the desires of your heart is in Psalm 37 and in this study we will see specifically address what you can do to receive the desires of your heart from **אֱלֹהִים** (Yahuah). When our desire to please **אֱלֹהִים** (Yahuah) is aligned with our prayers, **אֱלֹהִים** (Yahuah) can answer our prayers in surprising ways that reflect the love, power, and sovereignty of our omnipotent and benevolent Alahym:

**Psalms 37:4** - Delight yourself in **אֱלֹהִים** (Yahuah); And He will give you the **mishalah** (desires/petitions) of your heart (inner man, mind, will) .5 Commit your way to **אֱלֹהִים** (Yahuah), Trust also in Him, and He will do it.

The key is in the first part, "Take delight in **אֱלֹהִים** (Yahuah)". When we take delight in **אֱלֹהִים** (Yahuah), we will begin to desire the same things He desires, such as:

- Justice
- Mercy

- Forgiveness
- Obedience
- Love
- Wisdom
- Peace
- Kindness

If you are truly delighting in **אֱלֹהִים** (Yahuah), these are the things that will be the desires of your heart. And **אֱלֹהִים** (Yahuah) will give them to you if you ask.

Those other things like money, relationships and success might be nice ... and perhaps **אֱלֹהִים** (Yahuah) may still give them to you. But they are not to be the desires of your heart. **אֱלֹהִים** (Yahuah) wants something even greater for you than temporary happiness or fleeting success. He wants you to have a Righteous character, a loving heart and deep desires that are just like His.

The Hebrew word **mishalah** (desires/petitions)

**Desire:**

**VERB** (USED WITH OBJECT) [DE·SIRE, DE·SIR·ING.]

1. to wish or long for; crave; want.
2. to express a wish to obtain; ask for; request.

**NOUN**

3. a longing or craving, as for something that brings satisfaction or enjoyment.
4. an expressed wish; request.

**Petition**

**NOUN**

1. a formally drawn request, often bearing the names of a number of those making the request, that is addressed to a person or group of persons in authority or power, soliciting some favor, right, mercy, or other benefit.
2. a request made for something desired, especially a respectful or humble request, as to a superior or to one of those in authority; a supplication or prayer: a petition for aid; a petition to **אֱלֹהִים** (Yahuah) for courage and strength.
3. something that is sought by request or entreaty: to receive one's full petition.

**How **וְיָשׁוּבָה** (Yahusha) Delights in our Obedience?**

**וְיָשׁוּבָה** (Yahusha) said that if we love Him we will do what He says (**John 14:15**). This is why **וְיָשׁוּבָה** (Yahusha) told His disciples, and in effect, He tells us “I will do whatever you ask in my name, so that the Father may be glorified in the Son. You may ask me for anything in my name, and I will do it. If you love me, keep my commands.”

This does not mean that **OWYAZL** (Yahusha) promises us everything we want but everything we need. He said “and I will do it...if you keep my commands.” That is why we can ask “anything in [His] name” but only if it is according to His will, not ours. This is a promise, if you obey Him, He will answer your prayers but whatever we ask must be in accordance to His will and for His esteem (glory).

### **How We Delight in AYAZL (Yahuah)**

How do you delight in **AYAZL** (Yahuah) so that you may receive the desires of your heart (v. 4)? What is delight? Here is the definition and when you read it, just imagine that **AYAZL** (Yahuah) is the focus and subject of your delight. Delight is: A great satisfaction and joy; something (or someone) that gives great pleasure; to satisfy greatly; to please. And that is the key to finding the desires of your heart. Take great pleasure in **AYAZL** (Yahuah)’s goodness. Take joy in your salvation. Let Him satisfy your every need. Please Him in all that you do. Live contented with what you already have. Desires take time. This is where the words of Psalm 37 is clear; wait, rest, trust, and know. If you delight in **AYAZL** (Yahuah), He will give you the desires of your heart. **AYAZL** (Yahuah) delights in giving us the desires of our Hearts. If we delight in Him, He will give the desires of our heart.

To delight in **AYAZL** (Yahuah) (v. 4) means to take pleasure in discovering more about **AYAZL** (Yahuah) and following His will. Spending time with the Father—learning what pleases Him and praying for discernment to make wise decisions—has two results. First, the Ruach HaKodesh aligns our heart's desires with Scripture; and second, we set ourselves up for Barachah (blessing).

Delight in **AYAZL** (Yahuah) derives from dedication to Him. When we commit our way to **AYAZL** (Yahuah) (v. 5), we allow His will and mandates to shape our thoughts, lifestyle, and goals. In other words, we acknowledge His right to determine whether our longing fits His plan.

**AYAZL** (Yahuah) delights in being generous to His children. He wants to give us the desires of our hearts. The real question is will we delight in Him? Will we trust Him to give us what is best and provide us with all of our needs, not all of our greed’s? Think of **AYAZL** (Yahuah) as your Father, which He is, and now think how you pleased your earthly parents. What did they take great delight in concerning you? They certainly delighted in you when you did what they told you to do, when you behaved as they wanted you to behave, and when your focus was on delighting them. Now, apply that same principle to pleasing or delighting the heart of your Heavenly Father. If you truly delight in **AYAZL** (Yahuah), He will grant you the desires of your hearts. Then, in **AYAZL** (Yahuah) you can trust, wait, rest, and commit yourself to Him. If you delight in **AYAZL** (Yahuah) He will give you the desires of your heart.

**Matthew 6:21** - For where your treasure is, there will your heart be also.

**Proverbs 16:1-3** The plans of the heart belong to man, but the answer of the tongue is from אַיָּהוָה (Yahuah). All the ways of a man are pure in his own eyes, but אַיָּהוָה (Yahuah) weighs the Ruach (spirit). Commit your work to אַיָּהוָה (Yahuah), and your plans will be established.

**Proverbs 16:9** The heart of man plans his way, but אַיָּהוָה (Yahuah) establishes his steps.

**Matthew 6:33** But seek first the kingdom of אַיָּהוָה (Yahuah) and his righteousness, and all these things will be added to you.

**Proverbs 13:12** Hope deferred makes the heart sick, but a desire fulfilled is a tree of life.

**Proverbs 3:5-8** Trust in אַיָּהוָה (Yahuah) with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Be not wise in your own eyes; fear אַיָּהוָה (Yahuah), and turn away from evil. It will be healing to your flesh and refreshment to your bones.

**Romans 8:28** And we know that for those who love אַיָּהוָה (Yahuah) all things work together for good, for those who are called according to his purpose.

**Proverbs 3:6** - In all your ways acknowledge him, and he shall direct your paths.

**Matthew 7:8** For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.

**Psalms 21:2** You have given him his heart's desire and have not withheld the request of his lips. Selah

**1 Peter 5:7** Casting all your anxieties on him, because he cares for you.

**Psalms 20:4** May he grant you your heart's desire and fulfill all your plans!

**1 Corinthians 6:12** "All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be enslaved by anything.

**Psalms 27:14** Wait for אַיָּהוָה (Yahuah); be strong, and let your heart take courage; wait for אַיָּהוָה (Yahuah)!

**1 Peter 3:3-4** Do not let your adorning be external—the braiding of hair and the putting on of gold jewelry, or the clothing you wear— but let your adorning be the hidden person of the heart with the imperishable beauty of a gentle and quiet Ruach (spirit),

which in אַיָּהוָה (Yahuah)'s sight is very precious.

**James 1:19-20** Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of אַיָּהוָה (Yahuah).

**Hebrews 11:1-40** Now Amanah (faith) is the substance of what is expected, the proof of what is not seen. For by it the elders obtained witness. By Amanah (faith/belief) we understand that the ages were prepared by the word of אַיָּהוָה (Yahuah), so that what is seen was not made of what is visible. By Amanah (faith/belief) Abel offered to אַיָּהוָה (Yahuah) a greater slaughter offering than Cain, through which he obtained witness that he was righteous, אַיָּהוָה (Yahuah) witnessing of his gifts. And through it, having died, he still speaks. By Amanah (faith/belief) Hanok (Enoch) was translated (taken up), so that he should not see death, and he was not found, because אַיָּהוָה (Yahuah) had taken him. For before his translation he obtained witness, that he pleased אַיָּהוָה (Yahuah).

**Psalms 55:22** Cast your burden on אַיָּהוָה (Yahuah), and he will sustain you; he will never permit the righteous to be moved.

**Psalms 40:8** I delight to do your will, O my Alahym (God); your Commandments (law) is within my heart.”

**Philippians 4:7** And the Shalom (peace) of אַיָּהוָה (Yahuah), which surpasses all understanding, will guard your hearts and your minds in **וַיְהוָה** (Yahusha) HaMashiach.

**Psalms 19:14** Let the words of my mouth and the meditation of my heart be acceptable in your sight, O אַיָּהוָה (Yahuah), my rock and my redeemer.

**Colossians 1:11-12** May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy, giving thanks to the Father, who has qualified you to share in the inheritance of the chosen in light.

**1 John 5:14** And this is the confidence that we have toward him, that if we ask anything according to his Will (Wishes/Desires) he hears us. And if we know he hears us, whatever we ask, we know that we have the petitions that we have ask of him.

**James 1:6-10** But let him ask in Amanah (faith), with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind. For that person must not suppose that he will receive anything from אַיָּהוָה (Yahuah); he is a double-minded man, unstable in all his ways.

**John 5:24** Truly, truly, I say to you, whoever hears my word and believes him who sent me has eternal life. He does not come into judgment, but has passed from death to life.

**Luke 16:10** “One who is faithful in a very little is also faithful in much, and one who is dishonest in a very little is also dishonest in much.

**Psalms 66:18-20** If I had cherished iniquity in my heart, אַיָּהוָה (Yahuah) would not have

listened. But truly **אֱלֹהִים** (Yahuah) has listened; he has attended to the voice of my prayer. Baruch (Blessed) be **אֱלֹהִים** (Yahuah), because he has not rejected my prayer or removed his steadfast love from me!

**Philippians 2:13** For it is **אֱלֹהִים** (Yahuah) who works in you, both to will and to work for his good pleasure.

**John 15:5** I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

**Matthew 23:12** Whoever exalts himself will be humbled, and whoever humbles himself will be exalted.

**Deuteronomy 8:18** You shall remember **אֱלֹהִים** (Yahuah) your Aloah (God), for it is he who gives you power to get **chayil**: (strength, efficiency, wealth, army), that he may confirm his covenant that he swore to your fathers, as it is this day.

**Isaiah 58:13-14** “If you turn back your foot from the Sabbath, from doing your pleasure on my Kadosh (holy) day, and call the Sabbath a delight and the Kadosh (holy) day of **אֱלֹהִים** (Yahuah) honorable; if you honor it, not going your own ways, or seeking your own pleasure, or talking idly; then you shall take delight in **אֱלֹהִים** (Yahuah), and I will make you ride on the heights of the earth; I will feed you with the heritage of Jacob your father, for the mouth of **אֱלֹהִים** (Yahuah) has spoken.”

**Colossians 1:25-29** Of which I became a minister according to the stewardship from **אֱלֹהִים** (Yahuah) that was given to me for you, to make the word of **אֱלֹהִים** (Yahuah) fully known, the mystery hidden for ages and generations but now revealed to his chosen. To them **אֱלֹהִים** (Yahuah) chose to make known how great among the Gentiles are the riches of the esteem (glory) of this mystery, which is Messiah in you, the hope of esteem (glory). Him we proclaim, warning everyone and teaching everyone with all wisdom, that we may present everyone mature in Messiah. For this I toil, struggling with all his energy that he powerfully works within me.

**Ephesians 3:20-21** Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to him be esteem (glory) in the body and in **וְיָהוּשָׁע** (Yahusha) throughout all generations, forever and ever. Aman.

**Psalms 119:11** I have stored up your word in my heart, that I might not sin against you.

**Ephesians 2:8** For by chen (grace) you have been saved through Amanah (faith). And this is not your own doing; it is the gift of **אֱלֹהִים** (Yahuah).

**Psalms 91:14** “Because he holds fast to me in love, I will deliver him; I will protect him, because he knows my name.

**Hebrews 4:12** For the word of **אֱלֹהִים** (Yahuah) is living and active, sharper than any two-edged sword, piercing to the division of soul and of Ruach (spirit), of joints and of marrow, and discerning the thoughts and intentions of the heart.

**2 Corinthians 9:7-8** Each one must give as he has decided in his heart, not reluctantly or under compulsion, for **יְהוָה** (Yahuah) loves a cheerful giver. And **יְהוָה** (Yahuah) is able to make all esteem (grace) abound to you, so that having all sufficiency in all things at all times, you may abound in every good work.

**Proverbs 4:23** Keep your heart with all vigilance, for from it flow the springs of life.

**1 John 1:9** If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

**1 Corinthians 13:1-13** If I speak in the tongues of men and of Malakym (angels), but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all Amanah (faith), so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver up my body to be burned, but have not love, I gain nothing. Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful.

**2 Corinthians 5:6-8** So we are always of good courage. We know that while we are at home in the body we are away from **יְהוָה** (Yahuah), for we walk by Amanah (faith), not by sight. Yes, we are of good courage, and we would rather be away from the body and at home with **יְהוָה** (Yahuah).

**Isaiah 1:1-31** The vision of Isaiah the son of Amoz, which he saw concerning Yahudah (Judah) and Jerusalem in the days of Uzziah, Jotham, Ahaz, and Hezekiah, kings of Yahudah (Judah). Hear, O Shamyim (heavens), and give ear, O earth; for **יְהוָה** (Yahuah) has spoken: "Children have I reared and brought up, but they have rebelled against me. The ox knows its owner, and the donkey its master's crib, but Yisrael (Israel) does not know, my people do not understand." Ah, sinful nation, a people laden with iniquity, offspring of evildoers, children who deal corruptly! They have forsaken **יְהוָה** (Yahuah), they have despised the Kadosh (Holy) One of Yisrael (Israel), they are utterly estranged. Why will you still be struck down? Why will you continue to rebel? The whole head is sick, and the whole heart faints.

**Psalms 1:1-6 Baruch** (Blessed) is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of **יְהוָה** (Yahuah), and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither.

**Romans 12:2** Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of **יְהוָה** (Yahuah), what is good and acceptable and perfect.

**Mark 11:23** Truly, I say to you, whoever says to this mountain, 'Be taken up and thrown into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him.

**Matthew 6:1-34** “Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in Shamyim (heavens). “Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others. Truly, I say to you, they have received their reward. But when you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret. And your Father who sees in secret will reward you. “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. ...

**Psalms 6:9** אַיָּאֵל (Yahuah) has heard my plea; אַיָּאֵל (Yahuah) accepts my prayer.

**2 Corinthians 12:9** But he said to me, “My Chen (grace) is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Messiah may rest upon me.

**Jeremiah 17:5-8** Thus says אַיָּאֵל (Yahuah): “Cursed is the man who trusts in man and makes flesh his strength, whose heart turns away from אַיָּאֵל (Yahuah). He is like a shrub in the desert, and shall not see any good come. He shall dwell in the parched places of the wilderness, in an uninhabited salt land. “Baruch (Blessed) is the man who trusts in אַיָּאֵל (Yahuah), whose trust is אַיָּאֵל (Yahuah). He is like a tree planted by water, that sends out its roots by the stream, and does not fear when heat comes, for its leaves remain green, and is not anxious in the year of drought, for it does not cease to bear fruit.”

**Philippians 4:6 -7** Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to אַיָּאֵל (Yahuah). And the Shalom (peace) of אַיָּאֵל (Yahuah), which surpasses all understanding, will guard your hearts and your minds in **וַיָּשׁוּא** (Yahusha) HaMashiach.

**Philippians 2:12-16** Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling, for it is אַיָּאֵל (Yahuah) who works in you, both to will and to work for his good pleasure. Do all things without grumbling or questioning, that you may be blameless and innocent children of אַיָּאֵל (Yahuah), without blemish in the midst of a crooked and twisted generation, among whom you shine as lights in the world, holding fast to the word of life, so that in the day of Messiah I may be proud that I did not run in vain or labor in vain.

**John 1:12** But to all who did receive him, who believed in his name, he gave the right to become children of אַיָּאֵל (Yahuah),

**Luke 12:15** And he said to them, “Take care, and be on your guard against all covetousness, for one's life does not consist in the abundance of his possessions.”

**Matthew 4:4** But he answered, “It is written, ““Man shall not live by bread alone, but by

every word that comes from the mouth of אֱלֹהִים (Yahuah).”

**Jeremiah 29:11** For I know the plans I have for you, declares אֱלֹהִים (Yahuah), plans for welfare and not for evil, to give you a future and a hope.

Perhaps the hardest part of receiving the desires of our heart is believing we are worthy or able to have the desires of our heart, or waiting for them to materialize. Yet אֱלֹהִים (Yahuah)'s Word insists that we rest in אֱלֹהִים (Yahuah) and wait patiently for Him (v. 7). This means relying on Him to work out circumstances even when achieving our desire seems impossible. Taking matters into our own hands is not "helping Him out."

אֱלֹהִים (Yahuah) promises to give us our heart's desires in His time when our requests are aligned with His will. Claim the promise as written, and He will Barak (bless) you with the desires of your Heart.

Let the people praise you, O אֱלֹהִים (Yahuah); let all the people praise you! 6. The earth has yielded its increase; Alahym (God), our Alahym (God), shall Barak (bless) us. 7. Alahym (God) shall Barak (bless) us; let all the ends of the earth revere him! **Psalm 67:7**

Commit your way (life) unto אֱלֹהִים (Yahuah) and he will give you the desires of your Heart!