Promises

What are the promises of ayal (Yahuah)? How certain are they? Paul, when writing about the promises of ayal (Yahuah) to Abraham: "For the promise that he should be heir of the world, was not to Abraham or his seed through the Law, but through the righteousness of Amanah (faith)... therefore it is of Amanah (faith), that it might be by Chen (grace); to the end the promise might be sure to all the seed" Romans 4:13, 16. Ayal (Yahuah)'s promise to Abraham was first spelled out in Genesis Chapter 12. It was repeated in Chapter 22:18 reads: "And in your seed shall all the nations of the earth be Baruch (blessed); because you have obeyed my voice".

Now a promise is of no more value than is the ability of the one who makes it to carry it out. It also includes willingness to do so. **AYAL** (Yahuah) did fulfill it out with Abraham. Paul points out in **Galatians 3:16**, that it was through Messiah, **AYAL** (Yahuah) intended to fulfill the promise to Abraham. Also in **Acts 13:32-33**, "And we declare unto you glad tidings how that the promise which was made unto the fathers, **AYAL** (Yahuah) has fulfilled the same unto us their children, in that he has raised up **OWYAL** (Yahusha) again."

OWYAL (Yahusha)'s life, while living on earth, was shaped by his trust in the power of the promises of AYAL (Yahuah). When OWYAL (Yahusha) said: "I am that bread of life", John 6:48, "I am the light of the world", John 8:12, "I am the resurrection and the life." John 11:25, He did so fully realizing that He had been empowered with this right by the Father who had promised to raise Him from the grave. There were more than 500 brethren at one time who bore witness to the fulfillment of this promise according to I Corinthians 15:1-6.

Seven (7) things that can be said about **AYAL** (Yahuah)'s promises to us?

- 1. He has promised to supply every need we have. Scripture says: "But my Aluah (God) shall supply all your need according to his riches in honor by OWYAL (Yahusha) HaMashiach". Phillipians 4:19. AYAL (Yahuah) has obligated Himself only to the extent of our needs. That would include food, clothing, shelter, companionship, love, and salvation thru OWYAL (Yahusha) HaMashiach.
- 2. ayal (Yahuah) has promised that His chen/charis (grace) is sufficient for us. (II Corinthians 12:9). in fact, He has made provision for our salvation by His chen/charis (grace) through Amanah (faith). Ephesians 2:8. It is through an obedient Amanah (faith) that we have access into the chen/charis (grace) of ayal (Yahuah) according to Romans 5:2.
- 3. **AYAL** (Yahuah) has promised that His children will not be overtaken with temptation. Instead, He assures us that a way of escape will be provided. This promise is recorded in **I Corinthians 10:13**. Jude wrote: "Now unto Him that is able to keep you from falling, and to present you faultless before the presence of his honor with exceeding joy" (**Jude 1:24**). Darius, King of the Medes, said to Daniel, "Your Aluah (God) whom you serve continually, he will deliver you" **Daniel 6:16**. He did deliver Daniel from the den of lions.
- 4. **AYAL** (Yahuah) has promised us victory over death. He (1st) first resurrected **OWYAL**

(Yahusha) by way of assuring our resurrection. Peter said: "This OWYAL (Yahusha) has AYAL (Yahuah) raised up, whereof we are all witnesses" Acts 2:32. Paul wrote to the Corinthians: "For I delivered unto you (1st) first of all that which I also received, how that Messiah died for our sins according to the scriptures, and that he was buried, and that he rose again the (3rd) third day according to the scriptures" I Corinthians 15:3,4. Later on he adds: "but thanks be to AYAL (Yahuah), which gives us the victory through our Adon, OWYAL (Yahusha) HaMashiach" I Corinthians 15:57.

5. **AYAL** (Yahuah) has promised that all things work together for good to those who love and serve Him faithfully **Romans 8:28**.

It may be difficult for us to see and understand how this is accomplished at times, but **AYAZ** (Yahuah) has promised it, and He will deliver.

- 6. **AYAL** (Yahuah) has promised that those who believe in **OWYAL** (Yahusha) HaMashiach and are baptized for the forgiveness of sins will be saved. **Mark 16:16**; **Acts 2:38**.
- 7. **AYAL** (Yahuah) has promised His people eternal life **John 10:27-28**.

Promises from \$Y\$1 (Yahuah)'s

You will not lack anything that is needed. "Oh, fear **AYAL** (Yahuah), you His chosen believers! there is no want to those who fear Him. The young lions lack and suffer hunger; but those who seek **AYAL** (Yahuah) shall not lack any good thing." **Psalms 34:9-10**

AYAL (Yahuah) will take care of your day-to-day needs. "Therefore do not worry, saying, 'What shall we eat?' or 'What shall we wear?' For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek (1st) first the kingdom of **AYAL** (Yahuah) and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble." **Matthew 6:31-34**

As you meditate on **AYAL** (Yahuah)'s word your way will be prosperous. "This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success." **Joshua 1:8**

"Bring all the tithes into the storehouse, that there may be food in My house, and try Me now in this," says **AYAL** (Yahuah) of hosts, "If I will not open for you the windows of the Shamyim (heavens) and pour out for you such Barachah (blessing) that there will not be room enough to receive it. "And I will rebuke the devourer for your sakes, so that he will not destroy the fruit of your ground, nor shall the vine fail to bear fruit for you in the field," says **AYAL** (Yahuah) of hosts;" **Malachi 3:10-11**

"And my Aluah (God) shall supply all your need according to His riches in glory by **OWY**\$\mathbb{Z}\$ (Yahusha) HaMashiach." **Philippians 4:19**

AYAL (Yahuah) gave the best He had by giving us His only Son. "He who did not spare His own Son, but delivered Him up for us all, how shall He not with Him also freely give us all

things?" Romans 8:32

- **AYAL** (Yahuah) does not hold back anything that is for your benefit or good. "For **AYAL** (Yahuah) Aluah (God) is our Light and our Protector. **AYAL** (Yahuah) bestows favor and honor. No good thing does he withhold from those who walk uprightly." **Psalm 84:11**
- **AYAL** (Yahuah) promised to Barak (bless) Abraham and, through his descendants, the whole world **Genesis 12:2–3**. This promise, called the Abrahamic Covenant, pointed to the coming Messiah for whom Abraham looked. **John 8:56**
- **3Y32** (Yahuah) promised Yisrael to be their Aluah (God) and make them His people **Leviticus 26:12–13**. Tanakh (Old Testament) history is teeming with examples of **3Y32** (Yahuah) fulfilling this promise.
- **AYAL** (Yahuah) promised that if we search for Him, we will find Him **Deuteronomy 4:29.** "Our Aluah (God) is near us whenever we pray to him" **Deuteronomy 4:7**.
- **AYAL** (Yahuah) promised protection for His children **Psalm 121**. He was the vigilant watchman over all Yisrael.
- **AYAL** (Yahuah) promised that His love will never fail 1 Chronicles 16:34. He is faithful in every way.
- **AYAZ** (Yahuah) promised Yisrael that their sin could be forgiven, their prosperity restored, and their nation healed **2** Chronicles 7:14. Repentance opened the road to fellowship and Barachah (blessing).
- **AYAL** (Yahuah), under the terms of the Mosaic Covenant, promised prosperity to Yisrael for obedience and destruction for disobedience **Deuteronomy 30:15–18**. Unfortunately, Yisrael eventually chose to disobey, and the nation was destroyed by Assyria and Babylon.
- **AYAZ** (Yahuah) promised Barachah (blessing) for all who will delight themselves in His Word **Psalm 1:1–3**. Simple Amanah (faith) has its rewards.
- **AYAL** (Yahuah) promised salvation to all who believe in His Son Romans 1:16–17. There is no greater Barachah (blessing) than the free gift of **AYAL** (Yahuah)'s salvation.
- **AYAL** (Yahuah) promised that all things will work out for good for His children **Romans 8:28**. This is the broader picture that keeps us from being dismayed by present circumstances.
- **AYAL** (Yahuah) promised comfort in our trials **2** Corinthians 1:3–4. He has a plan, and one day we will be able to share the comfort we receive.
- **AYAL** (Yahuah) promised new life in Messiah 2 Corinthians 5:17. Salvation is the beginning of a brand-new existence.
- **AYAL** (Yahuah) promised every spiritual Barachah (blessing) in Messiah **Ephesians 1:3**. Whereas, in the Tanakh (Old Testament), Yisrael had the promise of physical Barachah (blessing), beleivers today have been promised spiritual Barachah (blessings) "in the heavenly realms." Our inheritance is reserved for us **1 Peter 1:4**
- **AYAL** (Yahuah) promised to finish the work He started in us **Philippians 1:6**. **AYAL** (Yahuah) does nothing in half measures. He started the work in us and He will complete it.
- **3Y32** (Yahuah) promised Shalom (peace) when we pray **Philippians 4:6–7**. His Shalom

(peace) is protection. It will "guard your hearts and your minds in Messiah."

AYAL (Yahuah) promised to supply our needs (Matthew 6:33; Philippians 4:19). Not that we get everything we want, but our needs will be taken care of. We are more valuable than the birds, and our Heavenly Father feeds them Matthew 6:26.

Promises from OWYAL (Yahusha)'s

OWYAZ (Yahusha) promised rest Matthew 11:28–30. Burdens are lifted.

OWYAL (Yahusha) promised abundant life to those who follow Him **John 10:10**. Following OWYAL (Yahusha) brings us more spiritual fulfillment than we could have anticipated.

OWYAL (Yahusha) promised eternal life to those who trust Him John 4:14. The Good Shepherd also promised to hold us securely: "No one will snatch them out of my hand" John 10:28.

OWYAL (Yahusha) promised His disciples power from on high **Acts 1:8**. Through this power, they "turned the world upside down" **Acts 17:6**.

OWYAL (Yahusha) promised that He will return for those that believe in him, those who love him and trust in him **John 14:2–3**. Then we will be with Him always.

Promises of a (2nd) Second Coming and Resurrection

Scripture promises that the dead will live again. "Do not marvel at this; for the hour is coming in which all who are in the graves will hear His voice and come forth—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation." **John 5:28-29**

OWYAL (Yahusha) has promised that He will come again. "In My Father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again and receive you to Myself; that where I am, there you may be also." John 14:2-3

OWYAL (Yahusha) promises that the dead will be raised again. "For this we say to you by the word of AYAL (Yahush), that we who are alive and remain until the coming of OWYAL (Yahusha) will by no means precede those who are asleep. For OWYAL (Yahusha) Himself will descend from the Shamyim (heavens) with a shout, with the voice of an archangel, and with the trumpet of AYAL (Yahush). And the dead in Messiah will rise first. Then we who are alive and remain shall be caught up together with them in the clouds to meet OWYAL (Yahusha) in the air. And thus we shall always be with OWYAL (Yahusha). Therefore comfort one another with these words." 1 Thessalonians 4:15-18

Promises a New Heart and Forgiveness

AYAL (Yahuah) has promised us new hearts and desires. I will give you a new heart and put a new Ruach (spirit) within you; I will take the heart of stone out of your flesh and give you a heart of flesh. **Ezekiel 36:26**

AYAL (Yahuah) has promised forgiveness. "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." **1 John 1:9**

AYAL (Yahuah) promises our sins will be far removed from us. "As far as the east is from the west, so far has He removed our transgressions from us." **Psalm 103:12**

"He will again have compassion on us, and will subdue our iniquities. You will cast all our sins into the depths of the sea." **Micah 7:19**

If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from the Shamyim (heavens), and will forgive their sin, and will heal their land. **2 Chronicles 7:14**

You have forgiven the iniquity of your people, you have covered all their sin. Selah. **Psalms** 85:2

For you, **AYAL** (Yahuah), are good, and ready to forgive; and plenteous in mercy unto all them that call upon you. **Psalms 86:5**

And when you stand praying, forgive, if you have ought against any: that your Father also which is in the Shamyim (heavens) may forgive you your trespasses. **Mark 11:25**

And be kind one to another, tenderhearted, forgiving one another, even as **AYAL** (Yahuah) for Messiah's sake has forgiven you. **Ephesians 4:32**

If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. 1 John 1:9

I have blotted out, as a thick cloud, your transgressions, and, as a cloud, your sins: return unto me; for I have redeemed you. **Isaiah 44:22**

And I will deliver you out of the hand of the wicked, and I will redeem you out of the hand of the terrible. **Jeremiah 15:21**

For **3Y32** (Yahuah) so loved the world, that he gave his only begotten Son, that whosoever believes in him should not perish, but have everlasting life. **John 3:16**

He that believes on the Son has everlasting life: and he that believes not the Son shall not see life; but the wrath of **3Y31** (Yahuah) abides on him. **John 3:36**

For the wages of sin is death; but the gift of **AYAL** (Yahuah) is eternal life through **OWYAL** (Yahusha) our Adon. **Romans 6:23**

For I am persuaded, that neither death, nor life, nor Malakym (angels), nor principalities, nor powers, nor things present, nor things to come, Nor height, nor depth, nor any other creature, shall be able to separate us from the love of **3Y37** (Yahuah), which is in **OWY37** (Yahusha) our Adon. **Romans 8:38-39**

That if you shall confess with your mouth the Adon, OWYAZ (Yahusha) HaMashiach, and shall believe in your heart that AYAZ (Yahuah) has raised him from the dead, you shall be saved. For with the heart man believes unto righteousness; and with the mouth confession is made unto salvation. Romans 10:9-10

To the Halal (praise) of the esteem (glory) of his chen (grace), wherein he has made us accepted in the beloved. In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his chen (grace); **Ephesians 1:6-7**

Let your conversation be without covetousness; and be content with such things as you have: for he has said, I will never leave you, nor forsake you. **Hebrews 13:5**

He that overcomes, the same shall be clothed in white raiment; and I will not blot out his name out of the book of life, but I will confess his name before my Father, and before his Malakym (angels). **Revelation 3:5**

Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me. **Revelation 3:20**

Promises of the Ruach HaKodesh

He has promised the fruit of the Ruach (Spirit). "But the fruit of the Ruach (Spirit) is love, joy, Shalom (peace), longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law." **Galatians 5:22-23**

We are promised the Ruach HaKodesh. "If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Ruach HaKodesh to those who ask Him!" Luke 11:13

The Ruach HaKodesh will guide you and show you the truth. "...When he, the Ruach (Spirit) of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will shew you things to come." **John** 16:13

Turn at my reproof: behold, I will pour out my Ruach (spirit) unto you, I will make known my words unto you. **Proverbs 1:23**

And I say unto you, Ask, and it shall be given you; seek, and you shall find; knock, and it shall be opened unto you. For every one that asks receives; and he that seeks finds; and to him that knocks it shall be opened. If a son shall ask bread of any of you that is a father, will he give him a stone? or if he ask a fish, will he for a fish give him a serpent? Or if he shall ask an egg, will he offer him a scorpion? If you then, being evil, know how to give good gifts unto your children: how much more shall your heavenly Father give the Ruach HaKodesh to them that ask him? Luke 11:9-13

And whatsoever you shall ask in my name, that will I do, that the Father may be glorified (esteemed) in the Son. If you shall ask any thing in my name, I will do it. If you love me, keep my commandments. And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever; **John 14:13-16**

But you shall receive power, after that the Ruach HaKodesh is come upon you: and you shall be witnesses unto me both in Yerusalem, and in all Yudaea, and in Samaria, and unto the uttermost part of the earth. **Acts 1:8**

And it shall come to pass in the last days, saith **AYAL** (Yahuah), I will pour out of my Ruach (Spirit) upon all flesh: and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams: And on my servants and on my handmaidens I will pour out in those days of my uach (Spirit); and they shall prophesy: **Acts** 2:17-18

Then Peter said unto them, Repent, and be baptized every one of you in the name of OWYAL (Yahusha) HaMashiach for the remission of sins, and you shall receive the gift of the Ruach HaKodesh. For the promise is unto you, and to your children, and to all that are afar off, even as many as AYAL (Yahuah) our Aluah (God) shall call. Acts 2:38-39

That he would grant you, according to the riches of his glory, to be strengthened with might by his Ruach (Spirit) in the inner man; That Messiah may dwell in your hearts by Amanah (faith); that you, being rooted and grounded in Ahavah (love), May be able to comprehend with all chosen believers what is the breadth, and length, and depth, and height; And to know the love of Messiah, which passes knowledge, that you might be filled with all the fulness of \$\frac{3}{3}\$\$\frac{3}{2}\$\$ (Yahuah). **Ephesians 3:16-19**

Promises of Wisdom and Guidance

Wisdom is one of aYal (Yahuah)'s promises."If any of you lacks wisdom, let him ask of aYal (Yahuah), who gives to all liberally and without reproach, and it will be given to him." James 1:5

AYAL (Yahuah) gives wisdom and guides us. "I will instruct you and teach you in the way which you shall go: I will guide you with mine eye." **Psalms 32:8**

Don't look to yourself for wisdom. "Trust in **AYAL** (Yahuah) with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths. Do not be wise in your own eyes; Fear **AYAL** (Yahuah) and depart from evil." **Proverbs** 3:5-7

AYAL (Yahuah) promises to guide you on His pathway."And your ears shall hear a word behind you, saying, This is the way, walk in it, when you turn to the right hand, and when you turn to the left." **Isaiah 30:21**

And, behold, I am with you, and will keep you in all places whereever you go, and will bring you again into this land; for I will not leave you, until I have done that which I have spoken to thee of. **Genesis 28:15**

Have not I commanded you? Be strong and of a good courage; be not afraid, neither be dismayed: for ayat (Yahuah) your Aluah (God) is with you where ever you go. Joshua 1:9

What man is he that fears **AYAL** (Yahuah)? him shall he teach in the way that he shall choose. **Psalms 25:12**

Trust in aYal (Yahuah) with all your heart; and lean not unto your own understanding. In all your ways acknowledge him, and he shall direct your paths. **Proverbs 3:5-6**

And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear. **Isaiah 65:24**

Call unto me, and I will answer you, and shew you great and mighty things, which you do not know. **Jeremiah 33:3**

If any of you lacks wisdom, let him ask **AYAL** (Yahuah), who gives generously to all without reproach, and it will be given him. - **James 1:5**

Promises of Healing

We have the promise of health and healing."For I will restore health to you and heal you of your wounds,' says **3Y32** (Yahuah)" **Jeremiah 30:17**

AYAL (Yahuah) promises health to us if we listen. "If you diligently heed the voice of **AYAL** (Yahuah) your Aluah (God) and do what is right in His sight, give ear to His commandments and keep all His statutes, I will put none of the diseases on you which I have brought on the Egyptians. For I am **AYAL** (Yahuah) who heals you." **Exodus 15:26**

AYAL (Yahuah) heals us and forgives us. "Barach (Bless) **AYAL** (Yahuah), O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases." **Psalms 103:2-3**

Promises to the Family

AYAL (Yahuah) will save your children. "For I will contend with him who contends with you, and I will save your children." **Isaiah 49:25**

Children are a Barachah (blessing) from **AYAL** (Yahuah)."Behold, children are a heritage from **AYAL** (Yahuah), the fruit of the womb is a reward. Like arrows in the hand of a warrior, so are the children of one's youth. Happy is the man who has his quiver full of them; They shall not be ashamed, but shall speak with their enemies in the gate." **Psalms 119:3-5**

AYAL (Yahuah) calls husbands and wives to a mutually beneficial marriages. "Let the husband render to his wife the affection due her, and likewise also the wife to her husband." **1 Corinthians 7:3**

OWYAL (Yahusha) gave all for the chosen beleivers, we should do likewise. "Husbands, love your wives, just as Messiah also loved the chosen believers and gave Himself for her, that He might sanctify and cleanse her with the washing of water by the word, that He might present her to Himself a glorious body of beleivers, not having spot or wrinkle or any such thing, but that she should be Kadosh (holy) and without blemish. 28 So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself. For no one ever hated his own flesh, but nourishes and cherishes it, just as OWYAL (Yahusha) does the chosen believers. For we are members of His body, of His flesh and of His bones. "For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh." This is a great mystery, but I speak concerning Messiah and the chosen believers. Nevertheless let each one of you in particular so love his own wife as himself, and let the wife see that she respects her husband." Ephesians 5:25-33

Then **AYAL** (Yahuah) Aluah (God) said, "It is not good that the man should be alone; I will make him a helper fit for him. **Genesis 2:18**

Delight yourself also in **3Y37** (Yahuah): and he shall give you the desires of your heart. **Psalms 37:4**

Whosoever finds a wife finds a good thing, and obtains favour of **AYAL** (Yahuah). **Proverbs** 18:22

For your Maker is your husband; **AYAL** (Yahuah) of hosts is his name; and your Redeemer the Kadosh (Holy) One of Yisrael; The Aluah (God) of the whole earth shall he be called. **Isaiah**

54:5

For I know the thoughts that I think toward you, says **3Y32** (Yahuah), thoughts of Shalom (peace), and not of evil, to give you an expected end. - **Jeremiah 29:11**

And this is the confidence that we have in him, that, if we ask any thing according to his will, he hears us: 1 John 5:14

Honour your father and thy mother: that your days may be long upon the land which **AYAL** (Yahuah) your Aluah (God) gives you. **Exodus 20:12**

But the mercy (compassion) of **3Y32** (Yahuah) is from everlasting to everlasting upon them that fear him, and his righteousness unto children's children; **Psalms 103:17**

Train up a child in the way he should go: and when he is old, he will not depart from it. **Proverbs 22:6**

For I will pour water upon him that is thirsty, and floods upon the dry ground: I will pour my Ruach (spirit) upon your seed, and my Barachah (blessing) upon your offspring: **Isaiah 44:3**

But this sys **3Y37** (Yahuah), Even the captives of the mighty shall be taken away, and the prey of the terrible shall be delivered: for I will contend with him that contends with you, and I will save your children. **Isaiah 49:25**

And he shall turn the heart of the fathers to the children, and the heart of the children to their fathers... **Malachi 4:6**

Promises of Shalom (Peace)

AYAL (Yahuah) has promised Shalom (peace). "You will keep him in perfect Shalom (peace), Whose mind is stayed on You, because he trusts in You." **Isaiah 26:3**

You don't need to worry. "Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to **AYAL** (Yahuah)." **Philippians 4:6**

Scripture promises Shalom (peace) as we live according to its principles. "Great Shalom (peace) have those who love Your law, And nothing causes them to stumble." **Psalms 119:165**

Promises Help in Overcoming Temptation

AYAL (Yahuah) has promised victory over temptations."No temptation has overtaken you except such as is common to man; but **AYAL** (Yahuah) is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it." **1 Corinthians 10:13**

AYAL (Yahuah) promises HaSatan (the devil) will flee if we submit and draw near to **AYAL** (Yahuah) and resist HaSatan. "Therefore submit to **AYAL** (Yahuah). Resist HaSatan (the devil) and he will flee from you. Draw near to **AYAL** (Yahuah) and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded. Lament and mourn and weep! Let your laughter be turned to mourning and your joy to gloom. Humble yourselves in the sight of **AYAL** (Yahuah), and He will lift you up." **James 4:7-10**

OWYAL (Yahusha) promises to help us through our temptations."For in that He Himself has

Promises of Deliverance and Protection

AYAL (Yahuah) has promised protection from harm and danger."He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler. You shall not be afraid of the terror by night, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday." **Psalm 91:4-6**

AYAL (Yahuah)'s promises provide safety."The name of **AYAL** (Yahuah) is a strong tower; the righteous run to it and are safe." **Proverbs 18:10**

AYAL (Yahuah) walks with us in our troubles."Though I walk in the midst of trouble, You will revive me; you will stretch out Your hand against the wrath of my enemies, and Your right hand will save me." **Psalm 138:7**

The Malakym (angel) of ayal (Yahuah) encamps round about them that fear him, and delivere them. **Psalms 34:7**

Because he has set his love upon me, therefore will I deliver him: I will set him on high, because he has known my name. **Psalms 91:14**

If you have Amanah (faith) as a grain of mustard seed, you shall say unto this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you. **Matthew 17:18-21**

The Ruach (Spirit) of **AYAL** (Yahuah) is upon me, because he has anointed me to preach the good news of the Messiah to the poor; he has sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, **Luke 4:17-18**

AYAL (Yahuah) also will be a refuge for the oppressed, a refuge in times of trouble. And they that know your name will put their trust in you: for you, **AYAL** (Yahuah), have not forsaken them that seek you. **Psalms 9:9-10**

The righteous cry, and AYAL (Yahuah) hears, and delivers them out of all their troubles. **Psalms 34:17**

Then they cried unto **AYAL** (Yahuah) in their trouble, and he saved them out of their distresses. He brought them out of darkness and the shadow of death, and brake their bands in sunder. Oh that men would Halal (praise) **AYAL** (Yahuah) for his goodness, and for his wonderful works to the children of men! For he has broken the gates of brass, and cut the bars of iron in sunder. **Psalms 107:13-16**

Heaviness in the heart of man makes it stoop: but a good word makes it glad. Proverbs 12:25

Fear not; for I am with you: be not dismayed; for I am your Aluah (God): I will strengthen you; yes, I will help you; yes, I will uphold you with the right hand of my righteousness. **Isaiah** 41:10

For the mountains shall depart, and the hills be removed; but my kindness shall not depart from

you, neither shall the covenant of my Shalom (peace) be removed, says **3Y37** (Yahuah) that has mercy (compassion) on you. **Isaiah 54:10**

It is of **3Y31** (Yahuah)'s mercies that we are not consumed, because his compassions fail not. They are new every morning: great is your faithfulness. **Lamentations 3:22-23**

Chen/charis (Grace) be to you and Shalom (peace) from \$\frac{4}\frac{2}{4}\$ (Yahuah) our Father, and from the Adon OWY\$\frac{2}{4}\$ (Yahusha) HaMashiach. Baruach (Blessed) be \$\frac{4}\frac{2}{4}\$ (Yahuah), even the Father of our Adon OWY\$\frac{2}{4}\$ (Yahusha) HaMashiach, the Father of mercies (compassion), and the Aluah (God) of all comfort; Who comforts us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted by \$\frac{4}{2}\$ (Yahuah). 2 Corinthians 1:2-4

AYAL (Yahuah) has promised deliverance from fear."I sought **AYAL** (Yahuah), and He heard me, and delivered me from all my fears. **Psalm 34:4**

We don't need to be afraid or fearful."Shalom (Peace) I leave with you, My Shalom (peace) I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid." John 14:27

Fear is removed through Righteous love. "There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. We love Him because He first loved us." 1 John 4:18

Promises to End of Suffering and Pain

He has promised an end to death, sorrow, and pain."And OWYAL (Yahusha) will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away." Revelation 21:4

And call upon me in the day of trouble: I will deliver you, and you shall glorify me. **Psalms 50:15**

Is not this the fast that I have chosen to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that you break every yoke? **Isaiah 58:6**

The Ruach (Spirit) of ayal (Yahuah) Aluah (God is upon me; because ayal (Yahuah) has anointed me to preach good tidings unto the meek; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound; Isaiah 61:1

If the Son therefore shall make you free, you shall be free indeed. John 8:36

There is therefore now no condemnation to them which are in OWYAL (Yahusha) HaMashiach, who walk not after the flesh, but after the Rauch (Spirit). Romans 8:1

Therefore if any man be in Messiah, he is a new creature: old things are passed away; behold, all things are become new. **2 Corinthians 5:17**

This I say then, Walk in the Ruach (Spirit), and you shall not fulfil the lust of the flesh. Galatians 5:16

3Y31 (Yahuah) fights for you

ayal (Yahuah) shall fight for you, and you shall hold your Shalom (peace). Exodus 14:14

And **AYAL** (Yahuah), it is he that does go before you; he will be with you, he will not fail you, neither forsake you: do not fear, neither be dismayed. **Deuteronomy 31:8**

I will call upon **AYAL** (Yahuah), who is worthy to be praised: so shall I be saved from my enemies. **Psalms 18:3**

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for you are with me; your rod and your staff they comfort me. **Psalms 23:4**

AYAL (Yahuah) is my light and my salvation; whom shall I fear? **AYAL** (Yahuah) is the strength of my life; of whom shall I be afraid? **Psalms 27:1**

For I **3Y32** (Yahuah) your Aluah (God) will hold your right hand, saying unto you, Fear not; I will help you. **Isaiah 41:13**

When you pass through the waters, I will be with you; and through the rivers, they shall not overflow you: when you walk through the fire, you shall not be burned; neither shall the flame kindle upon you. **Isaiah 43:2**

Promises of Barachah (Blessings)

AYAL (Yahuah) shall open unto you his good treasure, the Shamyim (heavens) to give the rain unto your land in his season, and to Barach (bless) all the work of your hand: and you shall lend unto many nations, and you shall not borrow. **Deuteronomy 28:12**

He becomes poor that deals with a slack hand: but the hand of the diligent makes rich.

Proverbs 10:4

Wealth gotten by vanity shall be diminished: but he that gathers by labour shall increase.

Proverbs 13:11

Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? (For after all these things do the Gentiles seek:) for your heavenly Father knows that you have need of all these things. But seek first the kingdom of **AYAL** (Yahuah), and his righteousness; and all these things shall be added unto you. **Matthew 6:31-33**

But my Aluah (God) shall supply all your need according to his riches in glory by **OWY**\$\mathbb{Z}\$ (Yahusha). **Philippians 4:19**

Promises of Healing

And said, If you will diligently hearken to the voice of **AYAL** (Yahuah) you Aluah (God), and will do that which is right in his sight, and will give ear to his commandments, and keep all his statutes, I will put none of these diseases upon you, which I have brought upon the Egyptians: for I am **AYAL** (Yahuah) that heals you. **Exodus 15:26**

Barach (Bless) **3Y37** (Yahuah), O my soul, and forget not all his benefits: Who forgives all your iniquities; who heals all your diseases; Who redeems your life from destruction; who

crowns you with lovingkindness and tender mercies; Who satisfies your mouth with good things; so that your youth is renewed like the eagle's. **Psalms 103:2-5**

But they that wait upon aYal (Yahuah) shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint. Isaiah 40:31

But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our Shalom (peace) was upon him; and with his stripes we are healed. **Isaiah 53:5**

Heal me, O **AYAL** (Yahuah), and I shall be healed; save me, and I shall be saved: for you are my Halal (praise). **Jeremiah 17:14**

For I will restore health unto you, and I will heal you of your wounds, say **3Y32** (Yahuah).. **Jeremiah 30:17**

But unto you that fear my name shall the Sun of righteousness arise with healing in his wings; and you shall go forth, and grow up as calves of the stall. **Malachi 4:2**

Is any sick among you? let him call for the elders of the chosen believers; and let them pray over him, anointing him with oil in the name of **AYAL** (Yahuah): And the prayer of Amanah (faith) shall save the sick, and **AYAL** (Yahuah) shall raise him up; and if he has committed sins, they shall be forgiven him. **James 5:14-15**

Promises to Strengthen us to do AYAL (Yahuah)'s Will

Wait on **3Y31** (Yahuah): be of good courage, and he shall strengthen your heart: wait, I say, on **3Y31** (Yahuah). **Psalms 27:14**

No weapon that is formed against you shall prosper; and every tongue that shall rise against you in judgment you shall condemn. This is the heritage of the servants of **3Y37** (Yahuah), and their righteousness is of me, says **3Y37** (Yahuah). **Isaiah 54:17**

For which cause us to not; but though our outward man perish, yet the inward man is renewed day by day. For our light affliction, which is but for a moment, works for us a far more exceeding and eternal weight of esteem (glory); While we look not at the things which are seen, but at the things which are not seen: for the things which are seen are temporal; but the things which are not seen are eternal. **2 Corinthians 4:16-18**

And let us not be weary in well doing: for in due season we shall reap, if we do not faint. Galatians 6:9

I can do all things through Messiah which strengthens me. Philippians 4:13

For all the promises of **3Y32** (Yahuah) find their Yes in him. That is why it is through him that we utter our Aman to **3Y32** (Yahuah) for his esteem and honor.

Thankfully, there is One who keeps His word and never changes. As **Hebrews 10:23** tells us, "**3Y3L** (Yahuah) who promised is faithful." If we trust **3Y3L** (Yahuah)'s promises with a right Ruach (spirit) and pure motives, we will honor Him and grow in intimacy with our loving Father. Trust his Promises for you, because he is faithful!