

Fruit of the Ruach (Spirit)

You shall know them by their fruit **Matthew 12:33**

This study is about the fruit of the Ruach (Spirit), as opposed to the works of the flesh. Both are found in **Galatians 5**. The first (1st) thing Paul speaks about is the works of the flesh...

Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, 20 Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, 21 envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of אַיָּהּ (Yahuah). **Galatians 5:19**

The Ruach Ha Kodesh has been given to us as our Counselor, Guide, Protector and Source of Power. Without the Ruach Ha Kodesh, we would not have the ability to fight or resist evil temptations or receive the gifts of the Ruach (Spirit); In addition to the Nine (9) fruits of the Ruach Ha Kodesh, Scripture (the Bible) tells us that there are also Nine (9) gifts of the Ruach Ha Kodesh.

The fruit of the Ruach (Spirit) are more important, because the fruit of the Ruach Ha Kodesh have to do with אַיָּהּ (Yahuah) imparting His divine nature into the core of our personalities to make us a Kadosh (Holy) and Righteous people. אַיָּהּ (Yahuah) said that without Love (Ahabah) all the gifts of the Ruach (Spirit) are for nothing.

The Ruach (Spirit) also functions as fruit producer in our lives. When He dwells in us, He begins the work of producing His fruit in our lives, love, joy, shalom (peace), longsuffering, gentleness, goodness, amanah (faith), 23 meekness, temperance: against such there is no law. 24 And they that are the Mashiach's (Messiah's) have put to death the flesh with the affections and lusts. 25 If we live in the Ruach (Spirit), let us also walk in the Ruach (Spirit). **Galatians 5:22**

According to Paul, there are nine (9) fruits of the Ruach (Spirit). These fruits are the focus of this study.

1. Love

Love is the Hebrew word Ahabah (Greek word Agape). It is אַיָּהּ (Yahuah)'s Love. Love is a doing fruit, Love is giving. Amanah (Faith) works by love **Galatians 5:6**. Love is what inspired OWHYAH (Yahusha)'s decision to die for us. Love is what made אַיָּהּ (Yahuah) give His only begotten son for us. Since אַיָּהּ (Yahuah) is Love, therefore without אַיָּהּ (Yahuah) and this fruit we are not able to love. For us to Love we must receive אַיָּהּ (Yahuah)'s Love and allow his Love to flow through us unto others.

For אַיָּהּ (Yahuah) so loved the world, that he gave his only begotten Son
John 3:16

O you who love אַיָּהּ (Yahuah), hate evil! He preserves the lives of his chosen believers; he delivers them from the hand of the wicked. **Psalms 97:10**

וַיָּשָׂא (Yahusha) says..."A new Commandment I give unto you, That you love one (1) another; as I have loved you, that you also love one (1) another. 35. By this shall all men know that you are my disciples, if you have love one (1) to another." **John 13:34-35**

Everyone who believes that וַיָּשָׂא (Yahusha) is HaMashiach (the Messiah) has been born of אַיָּהּ (Yahuah), and everyone who loves the Father loves whoever has been born of him. 2 By this we know that we love the children of אַיָּהּ (Yahuah), when we love אַיָּהּ (Yahuah) and obey his Commandments. 3 For this is the love of אַיָּהּ (Yahuah), that we keep his Commandments. And his Commandments are not burdensome. 4 For everyone who has been born of אַיָּהּ (Yahuah) overcomes the world. And this is the victory that has overcome the world—our Amanah (faith). 5 Who is it that overcomes the world except the one who believes that וַיָּשָׂא (Yahusha) is the Son of אַיָּהּ (Yahuah)? **1John 5:1**

2. Joy

Joy is the Hebrew word simchah (Greek word chara). It means rejoice, gladness, cheerfulness. Joy is not the same as happiness. You can be happy because of the five (5) senses. Joy is an inner exuberance or effervescence that is a result of the Ruach (spirit). It is rejoicing within that is not related to the senses or situation around you.

Joy from Strongs Concordance 5479. chara, khar-ah'; from G5463; cheerfulness, i.e. calm delight:--gladness, exceeding joy (-ful, -fully, -fulness, -ous).

Looking unto וַיָּשָׂא (Yahusha) the author and finisher of our Amanah (faith); who for the joy that was set before him endured the Tree (Stake/Pole), despising the shame, and is set down at the right hand of אַיָּהּ (Yahuah).

Hebrews 12:2

וַיָּשָׂא (Yahusha) looked forward to that which was to come with joy and he endured the tree. He certainly was not happy about having to be put to death. In fact he asked the Father three (3) times if there was another way to get the job done without going through the pain and suffering. But he endured the tree and did אַיָּהּ (Yahuah)'s Will with an inner joy as he looked forward to that which would be accomplished by his sacrifice.

Then he said unto them, "Go your way, eat the fat, and drink the sweet, and send portions unto them for whom nothing is prepared: for this day is set-apart unto our Sovereign: neither be sorry; for the joy of אַיָּהּ (Yahuah) is

your strength. **Nehemiah 8:10**

Paul, and Silvanus, and Timothy, unto the assembly of the Thessalonians which is in **אֱלֹהִים** (Yahuah) the Father and in the Master **וְיֵשׁוּעַ** (Yahusha) HaMashiach (the Messiah): favour be unto you, and Shalum (peace), from **אֱלֹהִים** (Yahuah) our Father, and the Master **וְיֵשׁוּעַ** (Yahusha) HaMashiach (the Messiah). 2 We give thanks to **אֱלֹהִים** (Yahuah) always for you all, making mention of you in our prayers; 3 Remembering without ceasing your work of Amanah (faith), and labour of love, and patience of hope in our Master **וְיֵשׁוּעַ** (Yahusha) HaMashiach (the Messiah), in the sight of Aluah and our Father; 4 Knowing, brethren beloved, your election of Aluahym. 5 For our evangel came not unto you in word only, but also in power, and in the Set-apart Ruach (Spirit), and in much assurance; as you know what manner of men we were among you for your sake. 6 And you became followers of us, and of the Master, having received the word in much affliction, with joy of the Set-apart Ruach (Spirit). **1 Thessalonians 1:1-6**

וְיֵשׁוּעַ (Yahusha) said...

"If you keep my Commandments, you shall abide in my love; even as I have kept my Father's Commandments, and abide in his love. 11 These things have I spoken unto you, that my joy might remain in you, and that your joy might be full." **John 15:10**

We can see above is that the fruit of Love and Joy go hand in hand.

3. Peace (Shalum)

Peace is the Hebrew word Shalum (Greek word eirene). Peace is a guarding fruit. Peace (Shalum) quiets the individual on the inside. When the world around is troubled and turbulent we can continue to believe **אֱלֹהִים** (Yahuah)'s Word because we operate in the manifestations of the Ruach (Spirit) and have peace (Shalum) on the inside. Peace guards our hearts.

Webster's dictionary definition for peace: A state of mental or physical tranquility; calm, serenity; the absence of war; the state of harmony between people.

Peace from the Strong's Concordance: H7965 (completeness, soundness, welfare, peace), G1515 eirene, i-ray'-nay; Verb eiro (to join); peace (lit. or fig.); by impl. Prosperity: one, peace, quietness, rest, + set at one again.

And the Peace (Shalum) of **אֱלֹהִים** (Yahuah), which surpasses all understanding, will guard your hearts and your minds in **וְיֵשׁוּעַ** (Yahusha).

Philippians 4:7

וְיֵשׁוּעַ (Yahusha) answered and said to him, "If anyone loves Me, he will keep My word; and My Father will love him, and We will come to him and make Our abode with him. **24**"He who does not love Me does not keep My words; and the word which you hear is not Mine, but the Father's who sent Me. **25**

“These things I have spoken to you while abiding with you. **26** “But the Helper, the Ruach HaKodesh, whom the Father will send in My Name, He will teach you all things, and bring to your remembrance all that I said to you. **27** “Peace (Shalum) I leave with you; My peace (Shalum) I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful.” **John 14:23-27**

OWYAZL (Yahusha) said that the peace (shalum) that we have (because we follow him), is different than the peace (shalum) of the world. How is it different?

Psalms 34:13-19 Keep your tongue from evil, And your lips from speaking deceit. 14 Turn away from evil and do good; Seek peace (shalum), and pursue it. 15 The eyes of אַיָּהּ (Yahuah) are on the righteous, And His ears unto their cry. 16 The face of אַיָּהּ (Yahuah) is against evil-doers, To cut off their remembrance from the earth. 17 The righteous cried out, and אַיָּהּ (Yahuah) heard, And delivered them out of all their distresses. 18 אַיָּהּ (Yahuah) is near to the broken-hearted, And saves those whose ruach (spirit) is crushed. 19 Many are the evils of the righteous, but אַיָּהּ (Yahuah) delivers him out of them all.

HalluYah, many are the afflictions of the righteous, but אַיָּהּ (Yahuah) delivers him out of them all!

4. long suffering (patience)

Longsuffering is the Greek word makrothumia. Longsuffering is a doing fruit, It means to put off wrath. It means to have patience. Longsuffering endures and puts up with people and circumstances.

Longsuffering from Strong's Concordance 3115. makrothumia, mak-roth-oo-mee'-ah; from the same as G3116; longanimity, i.e. (obj.) forbearance or (subj.) fortitude:--longsuffering, patience.

I, therefore, the prisoner of OWYAZL (Yahusha, beseech you to walk worthy of the calling with which you were called, 2 with all lowliness and gentleness, with longsuffering, bearing with one another in love. **Ephesians 4:1-2**

Longsuffering [patience] forbears and endures by doing.

I charge you therefore before אַיָּהּ (Yahuah), and the Master OWYAZL (Yahusha) HaMashiach (the Messiah), who shall judge the quick and the dead at his appearing and his kingdom; 2 Proclaim the word; be urgent in season, out of season; reprove, rebuke, exhort with all longsuffering and doctrine. **2 Timothy 4:1**

Yes, when we are sharing the truth, whether it be with believers or unbelievers, we need to show forth the fruit of long suffering; in other words, we need to be patient. In the Tanakh we see how אַיָּהּ (Yahuah) is longsuffering toward his people...

O Aluahym, the proud are risen against me, and the assemblies of violent you, O אַיָּאֵל (Yahuah), are an El full of compassion, and favourable, longsuffering, and gracious in mercy and truth. **Psalm 86:14**

And we are to be perfect as our Father in Shamyim (Heavens) is perfect **Matthew 5:48.**

5. Gentleness

Gentleness is the Hebrew is **anvah**: (Greek word chrestotes). It means kindness. Gentleness is an encouraging fruit. Gentleness wins others to אַיָּאֵל (Yahuah)'s Word by encouraging them.

Webster's dictionary definition of Gentle: Not harsh, severe, rough or loud; easily handled or managed; not sudden or steep.

Gentleness from Strong's Concordance H6037 anvah G5544 chrestotes, khray-stot'-ace; from G5543; usefulness, excellence (in character or demeanor): gentleness, good (-ness), kindness.

Or do you despise the riches of His goodness, forbearance, and longsuffering, not knowing that the goodness of אַיָּאֵל (Yahuah) leads you to repentance?

Romans 2:4

The gentleness of אַיָּאֵל (Yahuah) leads people to repentance (change). Gentleness encourages and by kindness leads people to believe אַיָּאֵל (Yahuah)'s Word and get Saved. Gentleness wins others by encouraging.

And the servant of אַיָּאֵל (Yahuah) must not quarrel; but be gentle unto all men, apt to teach, patient, 25 In meekness instructing those that oppose themselves; if אַיָּאֵל (Yahuah) possibly will give them repentance to the acknowledging of the truth; 26 And that they may recover themselves out of the snare of the devil, who are taken captive by him at his will. **2 Timothy 2:24**

We can see here that the fruits of patience and gentleness are closely related; and in the Tanakh it can be seen that אַיָּאֵל (Yahuah) does show forth the fruit of gentleness...

You have given me the shield of your salvation, and your gentleness made me great. **2 Samuel 22:36**

6. Goodness

Goodness is the Hebrew word Tub (Greek word agathosune). Goodness ministers to others to guard them. Goodness is a guarding fruit.

Webster's dictionary definition of Goodness: The state or quality of being good

Goodness from Strong's Concordance H2898 tub from H2895 tob to be **pleasing or good**. G5544chrestotes, khray-stot'-ace; from G5543; usefulness, i.e. more excellence (in character or demeanor): gentleness, good (-ness),

kindness.

As we have therefore opportunity, let us do good unto all men, especially unto them who are of the household of Amanah (Faith). **Galatians 6:10**

I myself am satisfied about you, my brothers, that you yourselves are full of goodness, filled with all knowledge and able to instruct one (1) another.

Romans 15:14

May the Aluahym of hope fill you with all Joy and Peace (shalum) in believing, so that by the power of the Ruach HaKodesh you may abound in Hope.

Romans 15:13

It is well with the man who deals generously and lends; who conducts his affairs with justice. 6 For the righteous will never be moved; he will be remembered forever. 7 He is not afraid of bad news; his heart is firm, trusting in אַיָּהּ (Yahuah). 8 His heart is steady; he will not be afraid, until he looks in triumph on his adversaries. 9 He has distributed freely; he has given to the poor; his righteousness endures forever; his horn is exalted in honor. 10 The wicked man sees it and is angry; he gnashes his teeth and melts away; the desire of the wicked will perish! **Psalm 112:5-10**

7. Faith (Amanah)

Faith is the Hebrew word Amanah (Greek word pistis). It means believing. Believing is having trust and confidence in the Word of אַיָּהּ (Yahuah) to the end that you act upon it. Believing [faith] is a doing fruit. Believing appropriates results by taking action on the Word.

Webster's dictionary definition of Faith: A belief in the value, truth, or trustworthiness of someone or something; belief and trust in אַיָּהּ (Yahuah); a system of religious beliefs

Faith from Strong's Concordance H548 Amanah; Belief, being in agreement with from H539 Aman (confirm, support, agree, believe);. G4102. pistis, pistis; from G3982; persuasion, i.e. credence; conviction (of religious truth, or the truthfulness of אַיָּהּ (Yahuah) or a religious teacher), espec. reliance upon OUYAH (Yahusha) for Salvation; constancy in such profession; by the system of religious truth itself:--assurance, belief, believe, amanah (faith), fidelity.

For verily I say unto you, That whosoever shall say unto this mountain, Be removed, and be cast into the sea; and shall not doubt in his heart, but shall believe that those things which he said shall come to pass; he shall have whatsoever he says. **Mark 11:23**

Then Kepha (Peter) opened his mouth, and said, "of a truth I perceive that אַיָּהּ (Yahuah) is no respecter of persons: 35 "But in every nation he that fears him, and works righteousness, is accepted with him. 36 "The word which אַיָּהּ (Yahuah) sent unto the children of Yisrael, preaching shalum

(peace) by **OWYAZL** (Yahusha) HaMashiach (the Messiah): (he is master of all:)
37 "That word, I say, you know, which was published throughout all Yahudah (Judaea), and began from Galilee, after the baptism which John preached; 38 "How **AYAZL** (Yahuah) anointed **OWYAZL** (Yahusha) of Nazareth with the Set-apart Ruach (Spirit) and with power: who went about doing good, and healing all that were oppressed of the devil; for **AYAZL** (Yahuah) was with him. 39 "And we are witnesses of all things which he did both in the land of the Hebrews, and in Yerusalem; whom they slew and hanged on a tree: 40 "Him, **AYAZL** (Yahuah) raised up the third (3rd) day, and showed him openly; 41 "Not to all the people, but unto witnesses chosen before of **AYAZL** (Yahuah), even to us, who did eat and drink with him after he rose from the dead. 42 "And he Comanded us to proclaim unto the people, and to testify that it is he which was ordained of **AYAZL** (Yahuah) to be the Judge of quick and dead. 43 "To him give all the prophets witness, that through his name whosoever believes in him shall receive forgiveness of Sins." **Acts 10:34-43**

In other words, we must believe (have faith) in order for the truth to do us any benefit.

8. Meekness (humble)

Meekness is the Hebrew word Anav (**poor, afflicted, humble, meek**) Greek word praotes. Meekness is an encouraging fruit. Meekness encourages positive results. Meekness is coachability. Meekness listens with humility.

Webster's dictionary definition of meekness: Showing patience and a gentle disposition.

Meekness from Strong's Concordance H6035 Anav (G4236. praiotes), from G4235; gentleness; by impl. humility:--meekness.

Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to Save your souls. **James 1:21**

To speak evil of no one, to be peaceable, gentle, showing all meekness to all men. **Titus 3:2**

Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one (1) in a ruach (spirit) of meekness, considering yourself lest you also be tempted. **Galatians 6:1**

At the same time came the disciples unto **OWYAZL** (Yahusha), saying, "Who is the greatest in the kingdom of Shamyim (Heavens)?" 2 And **OWYAZL** (Yahusha) called a little child unto him, and set him in the midst of them, 3 And said, "Truely I say unto you, Except you be converted, and become as little children, you shall not enter into the kingdom of Shamyim (Heavens). 4 "Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of Shamyim (Heavens)." One of the traits of a child, is the fact that they have a tendency to be humble; and in the Tanakh we are

told what **אֵלֹהִים** (Yahuah) requires of us... **Matthew 18:1-4**

He has shown you, O man, what is good; and what does **אֵלֹהִים** (Yahuah) require of you, but to do justly, and to love mercy, and to walk humbly with your Aluahym. **Micah 6:8**

9. Temperance

Temperance is the Greek word egkrateia. It means self-control. Temperance [self-control] is a guarding fruit. By exercising self-control we control and guard our results.

Webster's dictionary definition of temperance: Moderation; restraint

Temperance from Strong's Concordance 1466. egkrateia, eng-krat'-i-ah; from G1468; self-control (espec. continence):--temperance.

Do you not know that those who run in a race indeed all run, but one (1) receives the prize? Run in such a way as to obtain it. 25 And everyone who competes controls himself in every way. Now they do it to receive a corruptible crown, but we for an incorruptible crown. 25. And every man that strives for the mastery is temperate [self-controlled] in all things. Now they do it to obtain a corruptible crown; but we an incorruptible. **I Corinthians 9:24-25**

To control ourselves is to have the fruit of temperance. We do need to pray to our Father that we can show forth the fruits of his Ruach (Spirit)!

וְיֵשׁוּעַ (Yahusha) said... "I am the true vine, and my Father is the vinedresser. 2 "Every branch in me that beares no fruit he takes away: and every branch that beares fruit, he purges it, that it may bring forth more fruit. 3 "Now you are clean through the word which I have spoken unto you. 4 "Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can you, except you abide in me. 5 "I am the vine, you are the branches: He that abides in me, and I in him, the same brings forth much fruit: for without me you can do nothing. 6 "If a man abide not in me, he is cast forth as a branch, and it withers; and men gather them, and cast them into the fire, and they are burned. 7 "If you abide in me, and my words abide in you, you shall ask what you will, and it shall be done unto you. 8 "Herein is my Father honoured, that you bear much fruit; so shall you be my disciples. **John 15:1-8**

And He spoke this parable, "A certain man had a fig tree planted in his vineyard, and he came seeking fruit on it and found none. 7 "And he said to the gardener, 'Look, for three (3) years I have come seeking fruit on this fig tree and find none. Cut it down, why does it even make the ground useless?' 8 "And he answering, said to him, 'Master, leave it this year too, until I dig around it and throw manure. 9 'And if indeed it bears fruit, good. But if not so, you shall cut it down.'" **Luke 13:6-9**

Rejoice in **אֵלֹהִים** (Yahuah) always, again I say, rejoice! 5 Let your gentleness be

known to all men. The Master is near. 6 Do not worry at all, but in every matter, by prayer and petition, with thanksgiving, let your requests be made known to Aluahym. 7 And the Shalum (peace) of Aluahym, which surpasses all understanding, shall guard your hearts and minds through Mashiach (Messiah) **OWYʼʼL** (Yahusha). 8 For the rest, brothers, whatever is true, whatever is noble, whatever is righteous, whatever is clean, whatever is lovely, whatever is of good report, if there is any uprightness and if there is any praise – think on these. **Philippians 4:4-8**

Though these various nine (9) 'fruits' are listed individually, they are collectively one (1) "fruit" of the Spirit.

Scripturally speaking, they are not separate fruits which can be developed individually, but they are one (1) 'fruit' (singular, not plural) of the Ruach (Spirit). Collectively they are the character traits of **OWYʼʼL** (Yahusha) which were worked out in His life through overcoming the trials of life which He endured. They describe how the fruit of His indwelling presence appears when manifested in the life a human being who has yielded himself to live in communion with the Father through **OWYʼʼL** (Yahusha), His Son.

If the believer is not abiding in the Vine (which is Mashiach (Messiah), then the fruit will not be manifest. The fruit of the life of the Vine will be borne on the branch only if it is attached to the Vine. **John 15: 1-8**

These qualities or their counterpart, may be evidenced in a person's life as a result of their natural disposition or through self-effort and self-correction. It is possible to produce an imitation of these qualities but they will be self-motivated and for self-satisfaction and not for the purpose of glorifying our heavenly Father.

The Fruit of the Ruach (Spirit) are a product of the Ruach (Spirit) and are pleasing to **ʼʼYʼʼL** (Yahuah) thus bringing us closer to **ʼʼYʼʼL** (Yahuah), making us more like him. But, on the contrary the Fruit of the Flesh is carnal and is sinful in nature, which separates us from the presence of **ʼʼYʼʼL** (Yahuah).

Only a life yielded to the Ruach (Spirit) of **ʼʼYʼʼL** (Yahuah) will produce the divine qualities as evidenced in His life upon earth. We are exhorted to "be filled with the Ruach (Spirit)" so that we may have his quality of life.

Ephesians 5:18